



Get Ready to Read

with Medina County District Library

Cooking with Kids

The kitchen is a great place to encourage kids to be helpful. Remember to start simple (5-10 minutes may be just enough time) and keep it fun. Meet their skill level and give tasks that interests them. If they like to pound, introduce bread dough and let them pound away!

Cooking helps kids:

- Learn basic math concepts
“How many eggs are there?”
- Learn new words
“Use the spatula to scrape the bowl.”
- Enhance their senses
“Doesn’t the bread smell good?”
- Boost their confidence
“Let’s serve Joey’s salad for dinner.”
- Eat new foods
“Your salad tastes great, Joey! Don’t you agree?”

Ways your child can help in the kitchen:

- Tear lettuce leaves for a salad
- Stir the batter
- Put pepperoni on the pizza
- Pour the flour into a bowl
- Sprinkle cheese onto the casserole
- Use a cookie cutter

Song

Pat-a-Cake

Pat-a-cake, pat-a-cake, baker’s man.
Bake me a cake as fast as you can.
Roll it, pat it, and mark it with a “B”.
Pop it in the oven for Baby and me!

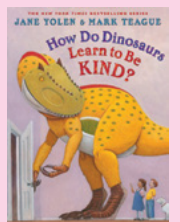
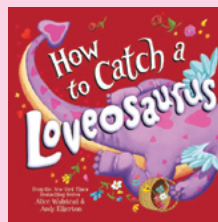
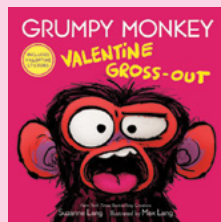


Books to Read

A Sweet New Year for Ren by Michelle Sterling
Dino-Valentine’s Day by Lisa Wheeler



Valentine Gross-Out by Suzanne Lang
How to Catch a Loveosaurus by Alice Walstead & Andy Elkerton
The Mystery of the Love List by Sarah Glenn Marsh
How Do Dinosaurs Learn to Be Kind? by Jane Yolen & Mark Teague





February 2023

Fun activities to promote literacy and learning

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Insert your name into a familiar song.	2 Did the groundhog see his shadow? Talk about predictions.	3 How many things in your room are your favorite color?	4 Write a list of words that rhyme with red.
5 Pretend to be a dinosaur and stomp around.	6 Fold a piece of paper in half. Draw half a heart on the folded side. Cut on the line and open!	7 Talk about your favorite color and why you like it.	8 Sing <i>Pat-a-Cake</i> (words on other side).	9 Chocolate Day! Find out how chocolate is made.	10 Draw hearts. Color them in.	11 Read a Valentine's Day book on hoopla.
12 Sing a song about love.	13 Make a valentine for someone you love.	14 Take a walk outside. What sounds do you hear?	15 Sing the days of the week song.	16 Pretend you are taking off in a rocket ship. What do you see?	17 Random Act of Kindness Day. Do something kind for someone in your home.	18 Go outside and play. Put on your own coat, hat, and mittens.
19 Go on a scavenger hunt. How many red things can you find?	20 Read a story about George Washington.	21 Cut shapes out of play dough.	22 Count your fingers and toes.	23 Put on your favorite music and have a dance party!	24 Have a pajama day. Wear your pajamas and read.	25 Trace letters and shapes in a shallow tray of salt, flour, or baking soda.
26 Tell a Fairy Tale Day. Make up a fairy tale about your family.	27 Make silly faces and talk about emotions.	28 Put items (rocks, spoons, toys) into groups of five.	FREE at mcdl.info/eMedia			
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